



What is SDMyLife?

SDMyLife is a free, online career exploration and academic planning resource for South Dakota students grades 6-12. With the support of teachers, counselors, parents and community members, this program offers tools and resources to assist students in better understanding themselves and how their interests, skills and knowledge relate to real-world academic and career opportunities.

What resources are available AFTER logging into SDMyLife?

Students and parents can view over 600 career profiles, explore college profiles, take assessments to align their interests to careers, create online portfolios to save career development activities, study for the ACT and much more.

How do students login to SDMyLife?

Each student will have a unique username and password. Username: Student accounts are defaulted to "SD-" followed by their SIMS number. (Example: SD-123456789) Password: The first time a student logs in to SDMyLife, their password will be their date of birth: MMDDYYYY Students will be prompted to change their password the first time they log in to their account.

Website Link: <http://sdmylife.com/>

For more information, please contact Mrs. Harms.